



## FIRST DAY OF PRACTICES

### FOOTBALL

MONDAY AUGUST 23 - 9:00 am  
DEAN TECH HS FOOTBALL FIELD  
CLEATS, RUNNING SHOES, T-SHIRT, SHORTS  
BE IN SHAPE....READY TO GO!!  
COACH JOE DUTSAR 860-763-5860  
[jpdotsar@yahoo.com](mailto:jpdotsar@yahoo.com)

### GIRLS VOLLEYBALL-

MONDAY AUGUST 30 – 3:30 pm  
REPORT TO THE DEAN TECH GYM AT 3:00 P.M.  
SNEAKERS, SHORTS, T-SHIRT, PHYSICAL  
COACH JIM MCGRATH 413-320-6696